

Sanity Space to go online

Local couple helping others

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A CENTENARY suburbs couple are preparing to launch an online space for parents caring for children with special needs.

Peter and Janet White were inspired through their own journey with Janet's daughter Charlotte to launch The Sanity Space.

A website is expected to be launched later this month.

"It's a registered not for profit. The genesis of TSS comes from our own journey. Janet has a daughter with special needs from a previous marriage," Mr White said.

"Almost nothing is done for the parents and I thought 'I've got to do something to help here'."

Mr White said that being the parent of a child with special needs was not picture perfect.

"It's not all smiling faces playing in a park. That is not the real life of a parent with a special needs child. It's hard, it's relentless," he said.



Peter and Janet White, with daughter Charlotte, have launched a new online tool for parents of children with special needs.

"Our logo is the image of a person lifting a box off their head. Parents end up in a very dark space because of the stress that they're under. What we're trying to do it help lift the box off their

heads so they can see clearly and see the reality of what's in front of them."

Mr White said the website the couple is building will allow people to drill down to the area of their needs.

"It will be a central portal for everything they want to find. The key will be to source it easily," he said.

"It's also support. The reality is as parents of a special needs child, you don't get

out. You get stuck indoors or you only get limited opportunities to go out. The idea is to let people know you aren't on your own, and you'll be able to talk to other people." www.thesanitiespace.org